

# USA Nationals Dance 2019

March 16-18

Anaheim Convention Center  
Anaheim, California

For more information, visit:

[usacamps.com/danceinfo](http://usacamps.com/danceinfo) | 1.800.886.4872

United Spirit Association @usa.danceprogram



## DIVISIONS



The contest director may cancel, combine or divide divisions as deemed necessary. If divisions are sub-divided, adjustments will be made in the number of available awards. Teams will be limited to entering 7 team divisions and a maximum of 3 soloists at Regionals. Multiple teams from a school will be allowed (i.e. Drill Team vs. Dance Team or JV vs. Varsity) as long as individuals are not competing on both teams. For example, if the same dancer competes on both the Dance Team and the Drill Team for their high school, those teams will then need to share the 7 maximum number of routines. An individual may not compete against her/himself in the same division/category (i.e. two X-Small Dance routines).

**INDIVIDUAL SOLO COMPETITION**  
All contestants must perform a solo dance routine up to 2 minutes (maximum) in length: entrance up to 15 seconds and exit up to 15 seconds. Any dance style or combination of styles may be used.

**DANCE** Overall effect must be dance in nature. Any dance style or combination of styles are acceptable. Dance attire or school uniforms may be used.

**CO-ED DANCE** This team must consist of at least 3 males and 3 females. Routine may be of any dance style or combination of styles. Routine emphasis must be on partnering interactions for at least 50% of the routine.

**ALL-MALE DANCE** This team must consist of all males. Routine may be of any dance style or combination of styles.

**LYRICAL** A routine where all dancers interpret the lyrics, mood or intent of a song (with or without words), using ballet and/or jazz and/or modern technique. This form has a quality of movement that uses the music and/or lyrics as the guide. Incorporating balance / sustained movement, as well as facial and body emotion, is expected.

**DANCE/POM** Routine emphasis must be on the use of pom. Teams must use two poms for at least three-fourths of the routine. Standard school uniforms, dance clothing may be worn.

**HIP HOP** A routine where all dancers perform grounded street-style movement. Difficulty should not be emphasized through technical jazz technique, but rather through specific hip hop styles. For example, styles should include (but are not limited to): body control, isolations, rhythm, pop/locking, tutting, whacking, krumping, breaking, etc. Any genre of music may be used as long as the routine as a whole focuses on hip hop style.

**MILITARY** Routine must be military in nature with an emphasis on precision & sharpness through the dancer's entire body. Routine must include: military maneuvers, pattern formations, visual effects, various arm/hand sequences and a variety of marching styles (i.e. glide, high knee, prance, pony, chug, etc). School uniforms or military attire/costume must be worn. In keeping with the military tradition, all maneuvering/marching/traveling must begin on the left foot. All difficulty and technical elements must be in keeping with military style/quality.

**DANCE/DRILL** Routine must incorporate a combination of the Military division and Dance division guidelines. (Please read the descriptions of both the Military & Dance divisions before competing in the Dance/Drill division). This routine must incorporate 1/2 dance and 1/2 military movements. (i.e. dance style must not be emphasized over military style and vice versa.)

**KICK** Routine emphasis must be on kicks. Kicks must be the focal point of the routine and must be used for more than 3/4 of the total routine length. Any style of movement may be used, as long as the kicks are the focal point of the routine. Routine must include a variety of kick sequences, as well as a variety of different kick types overall.

**JAZZ** Routine is rooted within the broad spectrum of jazz dance, utilizing vocabulary from any style of jazz dance technique, including: theatrical, vernacular, technical, stylized, classical/concert, pop, etc. Choreography should include the aesthetic foundation of jazz dance, emphasizing bold dramatic body movements, isolations, contractions, rhythm, musicality, energy/expression and dynamics.

**PROP** Routine emphasis must be on the creative and visual use of a prop or props. Any style of dance may be used. However, the manipulation of the prop must be the focal point of the presentation, rather than the focus being on the movement of the dancer. The prop must be used in at least 3/4 of the routine. Routine and/or uniform may be thematic in nature, but must not be the focal point of the routine. Standard school uniforms or costumes may be worn.

**NOVELTY** Routine emphasis must be on characterization or be of a unique thematic nature. The entire routine must fully express a story line, and may not rely on any prior knowledge (on part of the audience/judges) of the theme's origin. Routine may include technical dance movements, permitting these movements make sense within the theme, character and story line. Props are permitted but should not be the focal point of the routine. Props should only serve to enhance the story/theme. Themed costumes should be worn. Sets and backdrops are permitted, but not required.

**CHARACTER DANCE** Routine emphasis must be on using a specific theme, character, musical theater, or cultural genre of dance. All movements should make sense for the dancers to execute 'in character.' Multiple dance styles may be used, but only if each style enhances the theme development. The routine must create the characterization through the use of music, costuming, choreography, and may not rely on any prior knowledge (of the audience/judges) of the theme's origin.

\*Please note: the only divisions which have gender restrictions are Co-Ed Dance & All-Male Dance (see above).

## 2018-2019 Dates and Locations

### CALIFORNIA, NORTHERN

**FEBRUARY 2, 2019**  
Bella Vista High School  
Fair Oaks, California

**FEBRUARY 9, 2019**  
Nor Cal State Dance Classic  
Monta Vista High School  
Cupertino, California

### CALIFORNIA, SOUTHERN

**JANUARY 19, 2019**  
NEW EVENT!  
Elsinore High - Teams Only  
Wildomar, California

**JANUARY 26, 2019**  
NEW LOCATION!  
Downey High School  
Downey, California

**JANUARY 27, 2019**  
NEW EVENT!  
Solo Classic  
Downey High School  
Downey, California

**FEBRUARY 3, 2019**  
Westlake High School  
Westlake Village, California

**FEBRUARY 9, 2019**  
Aliso Niguel High School  
Aliso Viejo, California

**FEBRUARY 16, 2019**  
NEW LOCATION!  
So Cal State Dance Classic  
Estancia High School  
Costa Mesa, California

**FEBRUARY 23, 2019**  
San Pasqual High School  
Escondido, California

### COLORADO

**NOVEMBER 3, 2018**  
Rocky Mountain Classic  
Legacy High School  
Broomfield, Colorado  
Divisions Offered: Hip Hop,  
Dance, Dance/Pom & Lyrical

### NEVADA

**JANUARY 5, 2019**  
Vegas Classic  
Desert Oasis High School  
Las Vegas, Nevada

**FEBRUARY 9, 2019**  
Nevada Open - Teams Only  
UNLV  
Las Vegas, Nevada

### WASHINGTON

**FEBRUARY 23, 2019**  
Location TBA  
Sammamish, Washington

Dates and/or locations are subject to change.

## QUALIFYING DIVISIONS

Teams must pre-qualify at a USA Dance Regional

- Hip Hop
- Military
- Dance
- Kick
- Novelty
- Character Dance
- Lyrical
- Prop
- Jazz
- All-Male

## NON-QUALIFYING DIVISIONS

No pre-qualification needed. Register Now!

- Co-Ed
- Small Dance/Drill
- Large Dance/Drill
- Dance/Pom
- JV Dance
- JV Hip Hop
- JV Dance/Pom
- Solo

Please visit the USA website [usacamps.com/danceinfo](http://usacamps.com/danceinfo) for a complete listing of the rules and regulations.

No Regional In Your Area? Qualify by video...

E-mail [usacompetitions@varsity.com](mailto:usacompetitions@varsity.com) to request a Video Entry Form.

For more information, please visit the USA website [usacamps.com/danceinfo](http://usacamps.com/danceinfo)

Sample scoresheets for all USA competitions will be available on-line by visiting [usacamps.com/danceinfo](http://usacamps.com/danceinfo) after September 1, 2018.



Join the United Spirit Association this March for our premier Dance event of the year!

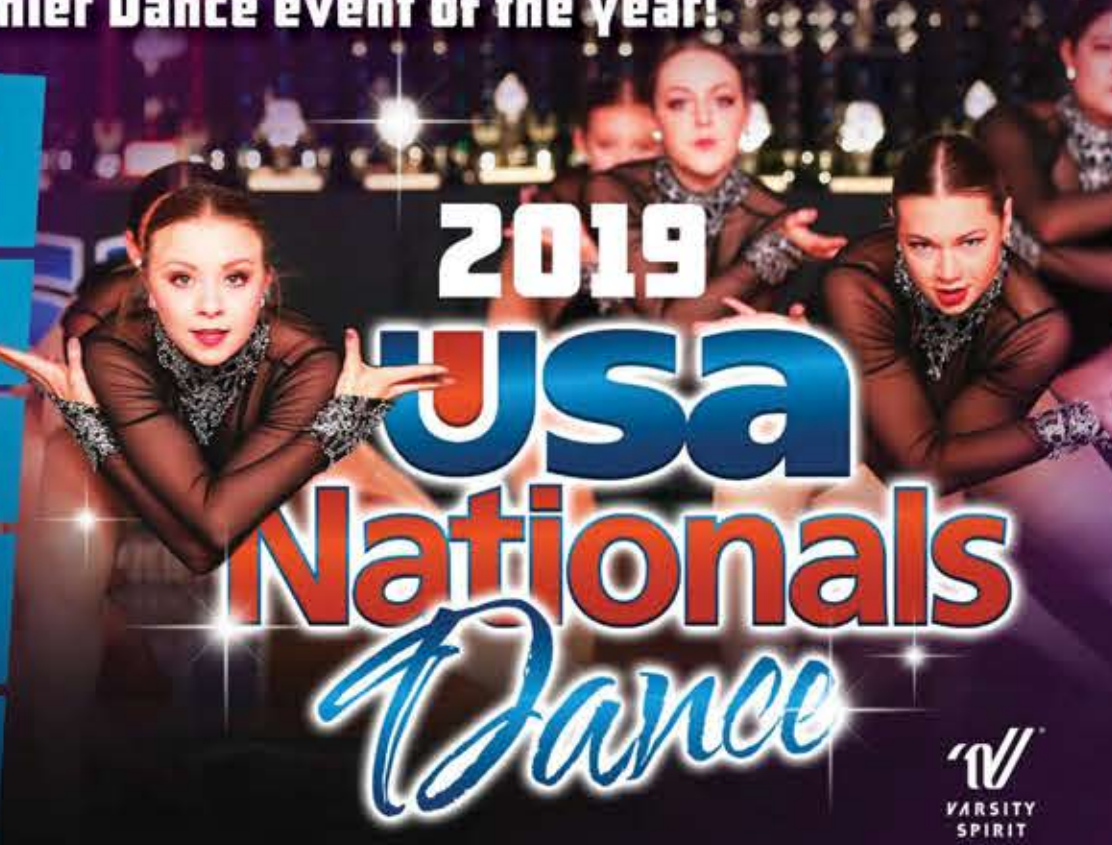
Divisions to meet the needs of every Dance program (Dance, Jazz, Lyrical, Hip Hop, Pom, Character, Prop, Solo, Kick, Military & more!)

Win Scholarships, Championships Backs, Banners, Medallions & More!

Experience the Best - Highly trained and industry experienced judges from across the US

Specialty Awards include Judges Award of Excellence, Best Choreography, Sweepstakes Awards and Grand Champion

Perform in the Anaheim Convention Center Arena - steps from Disneyland in sunny Southern California



THE FUTURE LOOKS BRIGHT FOR USA DANCE...

SET YOUR SIGHTS ON 2019



MARCH 16-18, 2019

MARCH 20-21, 2020  
ANAHEIM CONVENTION CENTER  
ANAHEIM, CALIFORNIA

OUR VISION IS 20/20  
LOOKING AHEAD TO 35 YEARS OF USA DANCE NATIONALS

